

2020 TERM 1 SIGMA CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	[WEEKLY TERM] 6:15 - 7:15PM BALLET CONDITIONING (BEG) BY CHIOK					10:15 -12:15PM SIGMA YOUTH PROGRAMME		
	[WEEKLY TERM] 7:15 - 8:30PM BALLET (B1) <i>BY CHIOK</i>		[WEEKLY TERM] 7:15 - 8:30 PM RELEASE & FLOOR (BEG) BY GUOFENG	[OPEN CLASS] 7.15 - 8:30PM MOVEMENT PHRASE (INT) BY GUOFENG & <i>VARIOUS ARTISTS</i>				
	[COURSE] 8:30 - 10PM CONTEMP (INTRO) <i>BY CHIOK</i>	[OPEN CLASS] 8:30 - 10PM CONTEMP TECH (INT) BY GUOFENG & <i>VARIOUS ARTISTS</i>	[WEEKLY TERM] 8:30 - 10PM CONTEMP (B2) <i>BY GUOFENG</i>	[WEEKLY TERM] 8:30 - 10PM CONTEMP (B2) <i>BY GUOFENG</i>		[WEEKLY TERM] 8 - 9:30PM CONTEMP (B1) @BEAUTY WORLD <i>BY CHIOK</i>	[COURSE] 4:30 - 6PM BALLET (INTRO) <i>BY CHIOK</i>	[WEEKLY TERM] 5 - 6:30PM CONTEMP (B1) <i>BY CHIOK</i>
DATES:	JAN 4, 11, 18, 25 FEB 1, 8, 15, 22	JAN 5, 12, 19, 26 FEB 2, 9, 16, 23 MAR 2, 9, 16, 23, 30	JAN 6, 13, 20, 27 FEB 3, 17, 24 MAR 3	JAN 7, 14, 21, 28 FEB 4, 18, 25 MAR 4			JAN 9, 16, 23, 30 FEB 6, 20, 27 MAR 6	JAN 10, 17, 24, 31 FEB 7, 21, 28 MAR 7